

Review of Clinical Pharmacology and Pharmacokinetics

ΕΠΙΘΕΟΡΕΣΕ ΚΛΙΝΙΚΕΣ ΦΑΡΜΑΚΟΛΟΓΙΑΣ ΚΑΙ ΦΑΡΜΑΚΟΚΙΝΗΤΙΚΕΣ
ΕΠΙΘΕΩΡΗΣΗ ΚΛΙΝΙΚΗΣ ΦΑΡΜΑΚΟΛΟΓΙΑΣ ΚΑΙ ΦΑΡΜΑΚΟΚΙΝΗΤΙΚΗΣ
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Μιχαλακοπούλου 145, 11527 Αθήνα, Ελλάς
Τηλ.-Fax (0030)2107784700, 2107700663, 6932203802
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Letter from Guest Editor

The progress and contributions of 20th century pharmacology has been immense with over 20 pharmacologists to have received Nobel Prizes. This field of medical studies covers many areas; it is built upon and at the same time incorporates many disciplines such as biochemistry, biology physiology, pathology, anatomy, molecular biology, while the development of new analytical and experimental techniques and instruments has given a new boost in pharmacological research. Yet, although a remarkable progress has been made in developing new drugs and in understanding how they act, the challenges are endless. Integrating a depth of knowledge in many related scientific disciplines, pharmacologists offer a unique perspective to solving drug and chemical related problems which impinge on human health, with ultimate goal the treatment and prevention of major diseases.

The 5th Panhellenic Congress of Pharmacology focuses on four *hot* subjects: Regenerative Pharmacology, Herbal Medicines, Pharmacology of Abuse and Dependence, and Education in Pharmacology.

- *Regenerative Pharmacology* is one of the newest areas in Pharmacology, represents a groundbreaking field of research and has the potential to radically alter the treatment of diseases and disorders.

- *Herbal Medicines* have acquired an important percentage among the drug used; according to WHO 80% of people worldwide rely on herbal medicines for some aspect of their primary health care. This continuously increasing use of plant medicines imposes the need for establishing new regulations.

- *Pharmacology of Abuse and Dependence*, still not a well defined area, presents a lot of challenge for researchers and clinicians.

- *Education in Pharmacology* remains a hot subject in the Medical education, following the knowledge *explosion* of the last decades accompanied by a decreasing reliance on didactic teaching. The crucial question is: how and what should we teach?

We hope that the round table discussions along with the invited lectures, included in this abstract book, will raise new and intriguing ques-

tions that will further stimulate research, and will contribute to new therapeutic approaches and attitudes.

I would like to thank the Editorial Board of *Review of Clinical Pharmacology and Pharmacokinetics* in particular Journal Editors Prof. S.T. Plessas and Dr C.T. Plessas for invitation and for providing the suitable and high-standard forum through which new research findings will become available to the scientific community.

The Guest Editor

Charis Liapi

Assist. Professor in Pharmacology
Medical School, University of Athens
Chair of Hellenic Society of Pharmacology

Behavioral Effects and Dopaminergic Indices Following THC Administration in two Rat Phenotypes

O. Chouliara¹, A. Polissidis², M. Dosi¹, A. Galanopoulos²,
E. Tzavara³, M. Marselos¹, Z. Papadopoulou-Daifoti², C. Spyraiki[†],
K. Antoniou¹

¹Department of Pharmacology, Medical School, University of Ioannina, 45110 Ioannina, Greece

²Department of Pharmacology, Medical School, University of Athens, 11527 Athens, Greece

³INSERM U-513, Neurobiology and Psychiatry, Faculty of Medicine, 8, rue du Général Sarrail, 94010, Creteil, France

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INTRODUCTION

Differences in the motor activity of rats exposed to a novel environment [High Responders (HR) versus Low Responders (LR)], have been associated with behavioral and neurobiological differences observed in response to psychostimulants. In particular, animals that show a higher response to novelty also exhibit a higher susceptibility to psychostimulant administration as compared with those showing a lower response. Therefore, this study aimed to investigate the behavioral profile of HR and LR rats in response to administration of the natural cannabinoid agonist Δ^9 -THC in previously differentiated LR and HR rats exposed to a novel environment. In addition, the effects of Δ^9 -THC on several dopaminergic indices were estimated in distinct rat brain regions related to reward of both phenotypes.

METHODS

Male Sprague–Dawley rats were classified as HR and LR based on their spontaneous motor activity, specifically, their vertical activity. 20 days later, a subset of these rats received Δ^9 -THC (0, 0.75, 3 mg/kg i.p.) and motor activity was registered in an open field apparatus. Another subset of these rats was used for determination of the levels of Dopamine and cAMP-regulated phosphoprotein of 32kDa (DARPP-32) phosphoryla-

tion in specific rat brain regions with Western Blot analysis. In addition, a final subset of these rats was used to determine levels of dopamine and its metabolites DOPAC and HVA in the same brain regions using High Performance Liquid Chromatography with electrochemical detection (HPLC-ED). The dopamine turnover ratios (DOPAC/DA and HVA/DA) were also calculated as an index of dopaminergic activity.

RESULTS AND DISCUSSION

HR displayed increased ambulatory and vertical activity as compared to LR rats. At the lower dose of Δ^9 -THC (0.75mg/kg), an increase in motor activity was observed in HR but not in LR rats. On the other hand, the higher dose decreased motor activity in both phenotypes. Moreover, the observed alterations in dopaminergic activity and the changes in the levels of DARPP-32 paralleled the aforementioned behavioral effects induced by Δ^9 -THC.

In conclusion, it could be suggested that individual responses to novelty may predict a different response to THC administration when considering motor activity as well as a variety of dopaminergic variables.

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