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The Journal publishes: Original papers/ Research Articles/ Review articles/ Case studies/ Clinical studies/ Literature reviews/ Statistical studies.

The Journal publishes, in special issues, papers presented at:

- *the Conferences with International Participation Medicinal Chemistry: Drug Discovery and Design organized by the Departments of Chemistry and Pharmacy of the University of Patras, Hellas*
- *the Panhellenic Congresses of Pharmacology organized by the Hellenic Society of Pharmacology*
- *the PanHellenic Congress of Aesthetics and Cosmetology (Cosmoestetica)*
- *the Proceedings of the 1st Greek Scientific Society of Cosmetology Conference*
- *the Proceedings of the 1st International Babylon Conference on Clinical and Experimental Pharmacological Research*

The *scientific standard* of the papers, which are accepted for publication, is controlled by the Editorial Board or by other Experts in the various fields of Pharmacology, Pharmacokinetics and Therapeutics and Medicine.

INSTRUCTIONS TO AUTHORS

English is the preferred language for all papers. However, papers in French, can also be submitted, provided they are accompanied by an English summary. Drugs must be referred to by their generic or chemical name but may be identified by trade name in parenthesis or footnote.

The journal requires that all authors / co-authors have an ORCID (a unique researcher identifier) at the time of publication.

All papers should be submitted to the Editor-in-Chief (Dr Eleni S. Plessa) via e-mail.
The following format should be used for the Manuscripts:

On the first page, *the Title, Author(s) and the Name of the Institution* at which the work was done, the complete address of the author, including Postal area code number, should be given under the rubric *Corresponding author* and the *Type of Article* (e.g. original paper, review paper, case report).

Articles should follow the general form:

Abstract, Introduction, Materials and Methods, Results Discussion, Acknowledgements, Fund, Conflicts of Interest, References.

Keywords: A list of key words should be submitted after Abstract.

Abstract: An Abstract in English (maximum length 250 words) must accompany all manuscripts

References: These should be numbered in the paper and listed under References in order of their appearance in the text. The author(s) surname followed by the initials should be given first, then the complete title of the article, the name of the Journal or Magazine (abbreviated according to the Index Medicus), the volume number, page numbers and year of publication in parenthesis.

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Issue Devoted to Papers Presented at the
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December 2-3, 2023

University of West Attica, Athens, Greece

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Letter from the Guest Editor

Honourable colleagues, ladies and gentlemen, dear students,

it is with great pleasure that we welcome you to the 1st Conference of the Hellenic Scientific Society of Aesthetics, believing and expecting an inductive and pleasant two-day conference.

The establishment of the EEEA in October 2022, was a demand of many years.

It was a bet for me and the founding members of EEEA that came to fill the existed gap between Aesthetics and Scientific community.

As EEEA president, I want to thank the society's founding members and the Board of Directors and to declare that we all worked together tirelessly, coordinated, reliably and impartially, guided by ethics as well as our academic and professional knowledge.

Today, 45 years after the Department of Aesthetics establishment, through developments, changes and educational reforms, Aesthetics is, together with Cosmetology, a direction of the Department of Biomedical Sciences of School of Health and Care Sciences of University of West Attica.

Today, therefore, 45 years later, the 1st Conference of the Hellenic Scientific Society of Aesthetics is organized and held. The chosen place of 1st EEEA conference, as well as, the physical presence is semiological, because:

- We wanted you to come back and visit the birthplace of the 1st Department of Aesthetics in Greece which was founded in 1978 and
- We wanted to honour the place that, many of us serve through many and varied academic and administrative positions.

It is very gratifying to watch the impressive progress of Aesthetics year after year, the development at dizzying rates, the enrichment with new products and new cutting-edge technologies so that aestheticians have the supplies, skill and knowledge to help their clients as never before. To be able to offer them reliable, scientifically acceptable and above all safe and institutionally legal solutions, in most of the problems they are called to face during their profession practice.

Your honourable presence and active participation in the conference works will undoubtedly satisfy our expectations and we are sure that it will contribute the most to its success.

A special contribution to conference's goals has the presence of eminent colleagues, to whom I especially thank.

I would like to warmly thank the sponsoring companies who contributed catalytical to its accomplishment, as well as all the delegates.

We hope that the round table discussions along with the invited lectures, included in this abstract book, will raise new and intriguing questions that will further stimulate research, and will contribute to new approaches and attitudes.

I would like to thank *Review of Clinical Pharmacology and Pharmacokinetics'* Editor-in-Chief Dr Eleni S. Plessa in particular for invitation and for providing the suitable and high-standard forum through which new research findings will become available to the scientific community.

Guest Editor

Professor Vasiliki K. Kefala

University of West Attica

Aesthetician – Cosmetologist and Pharmacist

President of the Hellenic Scientific Society of Aesthetics

President of the Organizing and Scientific Committee

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